

Approaching the Light

Death and Dying in the Tibetan Buddhist Tradition

A Weekend Seminar by Lama Kathy Wesley

MAY 8–10, 2009

**AT COLUMBUS KARMA THEGSUM CHOLING
TIBETAN BUDDHIST MEDITATION CENTER**

This course will cover lectures given by Bardor Tulku Rinpoche concerning the Tibetan teachings on the death process and how to spiritually approach death — and life. Topics will include basic Buddhist ideas about life and death; contemplation on impermanence (and how the practice brings more enjoyment to life); the phases of death; how to train one's mind in preparation for death; and how to attend and offer comfort to the dying. The root text for this teaching, written in the 9th Century by Guru Rinpoche and rediscovered in 19th Century Tibet, has not been translated into English, but one very brief commentary on it by Bardor Tulku Rinpoche is included as an appendix to his book "Rest for the Fortunate."



Interview time slots will be confirmed closer to the event

Weekend Pricing

- ♦ CKTC members-in-good-standing: \$60/all sessions including the public talk
- ♦ Non-members \$75/all sessions including public talk
- ♦ \$20 per ½ day session for weekend teaching
- ♦ \$5 for the Friday evening public talk only; Refuge ceremony on Saturday is free

All programs will be held at Columbus KTC. Advance registration by credit card can be sent using paypal funds to columbusktc@yahoo.com or by check payable to **Columbus KTC**, and mailed to Columbus KTC, 231 S. Grubb Street, Columbus, OH 43215. Registration at the door can be made by cash or check. For more information, contact Jan Tarlin at jtarlin@atco.com.

Schedule

Friday, May 8, 2009

7:00 pm — Public Talk
"Living and Dying from the Heart:
the Tibetan Buddhist Path to Wisdom"
(Reception follows)

Saturday, May 9, 2009

10:00 am – Noon: Session 1
2:00 pm – 4:00 pm: Session 2
5:00 pm – Refuge *

Sunday, May 10, 2009

10:00 am – Noon: Session 3
2:00 pm – 4:00 pm: Session 4

* Refuge ceremony and Chenrezig Reading Transmission

Columbus Karma Thesum Chöling
231 South Grubb Street
Columbus, Ohio 43215



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Directions to Columbus Karma Thesum Chöling (231 S. Grubb St. – Columbus, OH 43215)

From East or West (via US 70): Take 315 North (exit 99B), then first exit — Rich Street (US 33 East). Columbus KTC is just on the right off exit ramp (green building with prayer flags). Please park in rear of building.

From South (via 71): Take 315 North, then Rich Street exit (US 33 East). Columbus KTC is just on the right off exit ramp (green building with prayer flags). Please park in rear of building.

From North (via 315): Take the Town Street exit to Rich Street. Go .2 miles, then turn left on Rich Street. Go .1 mile. Columbus KTC is just on the right next to exit ramp (green building with prayer flags). Please park in rear of building.

