



COLUMBUS KTC

Nyung-ne Public Talk and Retreat

The Nyung-ne Retreat is designed to purify negative karma and accumulate merit and wisdom. It is a two-day practice focusing on the generation of the Bodhisattva Attitude, the strict keeping of vows, and the recitation of the 1000-arm Chenrezig sadhana. Chenrezig is the Bodhisattva of Compassion, and his practice aids our development of loving-kindness and compassion. It is said that to accomplish the Nyung-ne, even once, can sever the currents leading to rebirth in the lower realms of existence.

FRIDAY, JULY 22
THROUGH
MONDAY, JULY 25, 2011

About the Public Talk

on Friday, July 22, 2011

On Friday, July 22nd at 7:00 p.m., Lama Tsultrim Yeshe will review the history and structure of a Nyung-ne Retreat and the discuss the merit generated by this inspiring practice.

About the Retreat

on Saturday, July 23 through
Monday, July 25, 2011

The retreat will be led by Lama Tsultrim Yeshe. Lama Tsultrim Yeshe completed the first three-year retreat at Karme Ling, led by Khenpo Karthar Rinpoche, and took monastic vows with His Eminence Tai Situ Rinpoche in 1994. Lama Yeshe lives in Wisconsin, and teaches at Kagyu centers throughout North America.

Participation in the retreat is open to all those who have taken Buddhist Refuge Vows.

Schedule:

<i>Date</i>	<i>Description</i>
<i>Saturday, July 23rd</i>	The retreat begins at 6 a.m. with Sojong [Pure Conduct] Vows. There will be no breakfast, but a vegetarian lunch and beverages will be provided. Practice will conclude at 6 p.m.
<i>Sunday, July 24th</i>	The retreat begins at 6 a.m. There will be fasting and silence all day, except for the chanting of the sadhana. No meals provided.
<i>Monday, July 25th</i>	The retreat begins at 5 a.m. and concludes at 8 a.m, followed by breakfast.

You may participate in some or all of the retreat schedule. Costs vary depending on the length of time you choose to participate. Due to the nature of this retreat, people are permitted to stay overnight at the Columbus KTC. There are no bathing facilities at the center; however, restrooms are available. If you wish to stay at the center, please mention this when you register.

Cost:

<i>Public Talk:</i>	\$5
<i>Full Retreat:</i>	\$50
<i>Saturday Only:</i>	\$40
<i>Sunday Only:</i>	\$30
<i>Half Day:</i>	\$15 (without Saturday lunch)

Registration is required except for those choosing to attend for just a half day. Register by mailing your check or use PayPal to pay via email to columbusktc@yahoo.com. For further information please contact Adam at memberatlarge@columbusktc.org.