The Lama Rinpochea Supplication

I supplicate the precious guru.

Grant your blessing that fixation on a self be abandoned by the mind.

Grant your blessing that non-Dharmic thoughts cease.

Grant your blessing that confusion be pacified in its own place.

Grant your blessing that all that appears and exists be realized to be the dharmakaya.

Grant your blessing that independence arise in our continuums.
“Lama Rinpochema” from the Rumtek English Ngondro Text

(Translated by Sangye Wangchuk)

LA MA RIN PO CHHE LA SOL WA DEB
Lama Rinpoche, I turn to you.

DAG DZIN LO YI THONG WAR JIN GYI LOB
Bless me that my mind gives up its ego-clinging.

GU ME GYU LA KYE WAR JIN GYI LOB
Bless me that contentment arises in my stream of being.

CHHO MIN NAM TOG GAG PAR JIN GYI LOB
Bless me that non-dharmic thoughts may cease.

RANG SEM KYE ME TOG PAR JIN GYI LOB
Bless me that my mind be realized to be unborn and undying.

THRUL PAR RANG SAR ZHI WAR JIN GYI LOB
Bless me that illusion be at peace in itself.

NANG SI CHHO KUR TOG PAR JIN GYI LOB
Bless me that the mind in all its manifestations be realized to be the Dharmakaya.